

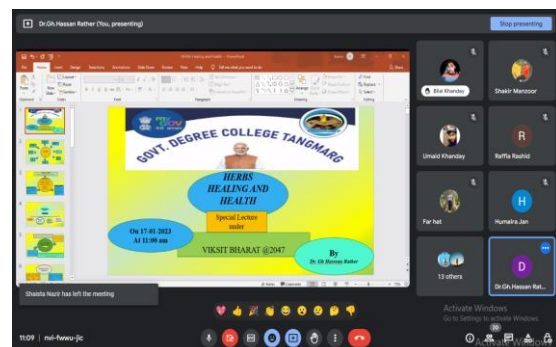
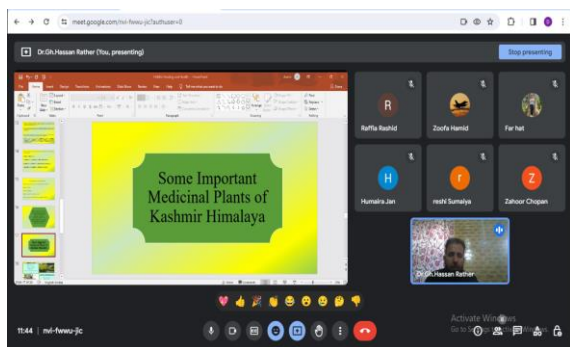


Office of The Principal Government Degree College
Tangmarg, Baramulla, Kashmir.
NAAC Accredited

Report

Programme on “Herbs Healing and Health” Organised By Government Degree College Tangmarg.

In continuation with the series of programmes and activities under Viksit Bharat @2047, Government Degree College Tangmarg organised an online lecture on the topic entitled, Herbs - Healing and Health on 17-01-2024 (Wednesday).



The programme was organised to have an insight about the importance of plants or herbs in health care. The resource person for the programme, Dr Gh. Hassan Rather from the Department of Botany, GDC Tangmarg, presented lucid account of various roles played by plants in our day to day life with particular emphasis on their medicinal importance. The speaker gave elaborate account of different traditional system of medicines incorporating herbal remedies, followed in different parts of the world and, how traditional herbal medicine is still used by a large proportion of the world population even after the advancement in modern health care. Finally, the speaker gave a brief account of some important medicinal plants of Kashmir and their medicinal uses. The session concluded with the vote of thanks to all the participants.